

24-06-19

**Press Release**

**Sub: CMRL celebrated the International Yoga Day Celebrations at CMRL Metro Stations from 20th June 2019 to 23rd June 2019**

CMRL celebrated the International Yoga Day Celebrations at CMRL Metro Stations from 20th June 2019 to 23rd June 2019. The Yoga Celebrations were being conducted in association with Suthaveli Sabhai, a Pollachi based Yoga Institution.

The yoga camp witnessed 2000 and above yoga enthusiasts attending the yoga sessions both in the morning and in the evening.

The Yoga Celebrations were conducted at 8 Metro Stations Central Metro, Saidapet Metro, Thirumangalam, Egmore Metro, Mannadi, St. Thomas Mount, Vadapalani, Ashok Nagar Metro Stations. Post completion of the sessions several participants expressed their positive feedback towards the yoga sessions conducted.

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